



Short Bio:

Kim Huckerby is a true leader and changemaker in the field of mental health and wellbeing, working with companies such as Accenture, Mastercard, Thales Group and Ray White. With a career in this space spanning over 20 years, Kim's passion and skill ensures that every time she steps in front of an audience to deliver a keynote or training, people walk away feeling changed and inspired.

Kim's positivity and empowering approach to mental health and wellbeing make her an invaluable resource to anyone looking to improve their workplace culture and support staff. With her guidance and expertise, you can feel confident that you are in good hands as you navigate your mental health journey. Her ability to connect with people from all walks of life during her training and speaking events, as well as her commitment to empowering them with the knowledge and tools to support their mental health, is truly inspiring.

Long Bio:

Kim Huckerby is a true leader and changemaker in the field of workplace mental health and wellbeing, working with companies such as Accenture, Mastercard, Thales Group and Ray White. With a career spanning over 20 years, Kim's professional experience as a Social Worker, Counsellor and Thought Leader, has helped influence and shape her work as a Speaker/Trainer. Kim's passion and skill ensures that every time she steps onto the stage or engages with her audience online, people walk away feeling changed and inspired.

Kim's positivity and empowering approach to mental health and wellbeing make her an invaluable resource to anyone looking to improve their workplace culture and support staff. With her guidance and expertise, you can feel confident that you are in good hands as you navigate your mental health journey. Her ability to connect with people from all walks of life during her training and speaking events, as well as her commitment to empowering them with the knowledge and tools to support their mental health, is truly inspiring.

Kim founded The Wellbeing Affect to promote change in the mental health space, whilst striving for a more inclusive and forward-thinking world where everyone is equipped to support those struggling with mental health difficulties. The Wellbeing Affect has been purpose-built on the foundations of empowerment and education to deliver much-needed mental health and wellbeing support, by equipping each client with the skills and techniques to make a positive impact on themselves, their teams, and their workplaces.

Kim is a Principal Master Mental First Aid Instructor, as well as a professional Trainer / Speaker and delivers:

- Accredited Mental Health First Aid Training (Australia)
- Bespoke Mental Health and Wellbeing programs globally (Leaders/general staff)
- Keynote Speaking (in-person, virtual and/or hybrid)

Kim is based in Sydney, Australia with her husband, two beautiful boys (aged 13 and 16), and their beloved fur babies, Coco and Jack.